



Voices & Delusions Support Group

This process group for Grace members provides for psychoeducation and interpersonal support especially for those who experience symptomology of auditory hallucinations and/or delusions as part of mental illness

Tuesdays
1:00-2:00 PM
Room 1

- Confidentiality
- Respect
- Sharing
- Positive talk
- Encouragement
- Check-ins

Grace Art and Wellness Program
Located at Northside Community Center
488 N. 6th Street
San Jose, CA 95112
(408) 293-0422

To request an accommodation for City-sponsored events or an alternative format for printed materials, please contact the Grace Art & Wellness Program at 408 293-0422, as soon as possible, but at least three business days before the event. sanjoseca.gov/prns